

AfroAIDSinfo Peer Educator Training Course

Date

16 - 18 March 2010

Venue

Medical Research Council, 1 Soutpansberg Road, Pretoria

Cost

R2 500-00 per person

Overview

This training programme guides community members through interactive learning to gain sufficient knowledge on HIV and AIDS, to take on the role of educating peers on the disease, explaining prevention using everyday situations, developing motivational techniques, as well as the skills and confidence to talk about sensitive sexual topics. The interactive approach of the course makes it an excellent learning process to build capacity among volunteer community members. It is developed and presented by the Medical Research Council. Attendees are provided with a comprehensive manual supported by additional brochures on relevant topics while assessment is based on pre- and post-questionnaires, as well as a practical evaluation for completion by attendees after the course, to achieve the certificate.

Learning outcomes

The training programme includes the following outcomes:

- Using topic lead-ins in health education
- Techniques for sharing information
- Techniques for exploring values and attitudes
- Gender awareness and sensitivity
- Techniques for building skills
- Motivational tools and techniques
- Working with especially vulnerable youth
- Recruitment and retention of peer educators
- Counselling versus education

Training modules

- How careful are we with our health?
- Use of role play
- Peer education password
- STI challenge
- Language of sex
- Privacy squares
- Brainstorming on four topics
- Do you agree?
- Gender, not sex
- Saying 'no' role play
- Visual imagery - HIV testing

- Trust building: willow in the wind
- Power walk
- One day in my life
- Problem tree analysis
- Who is at risk?
- Peer-to-peer approaches to reaching especially vulnerable youth
- Selection criteria for recruitment of peer educators
- Snowball fight

Unit standard alignment

The programme is aligned to the following unit standard:

- Contribute to information distribution regarding HIV/AIDS in the workplace (USID: 8555) (NQF Level: 4) (Credits: 4)

Duration of training

The duration of the training programme is three days.

Contact AfroAIDSinfo at the Medical Research Council for more information: Tel: (021) 938-0392 / Fax: (021) 938-0474 / Email: afroaidsinfo@mrc.ac.za

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